

# KENNEDY PLACE

Kennedy Place Apartments • 3100 Gillespie • Houston, TX 77020

## “LEASE” Knowledge is Power

When you sign your lease each year it is assumed you understand and agree to the terms & conditions. Houston Housing Authority will be making sure the lease agreement is enforced to it's fullest terms.

## Daylight Saving Time Begins

Get ready to spring forward into longer days and warmer weather. **Daylight Saving Time begins at 2 am on Sunday, March 8th.** Don't forget to set your clocks forward one hour before going to bed Saturday night.

## Checking Out the Checklists

Need to get organized? SimplyChecklists.com can help you with just about any kind of checklist you want to create. The site generates numerous categories including travel, pets, emergencies, and education. Click on the category you want and you will be given an array of choices. Do you want to make a checklist for a cruise you'll be taking? If so, a checklist is generated and you select the items you want included. Then print and only the items you chose will appear on your list. It's easy to use and helps you keep everything in, well... check.

## Driving is No Time to Multitask

It's no surprise that talking on the phone while driving is distracting. But now researchers at the University of Warwick have quantified it. A mobile phone conversation impairs a driver's visual attention so much that it can add more than 18 feet to the braking distance of a car traveling 60 MPH and cause 83 percent more errors in driving. What's more, these findings apply even to drivers who are merely listening on the phone and using hands-free devices.

## Happening in March...

**National Women's History Month.** Museums, galleries, and libraries across the nation will be celebrating the struggles and accomplishments of women throughout history. Make time to attend cultural events in your area to learn stories of these great ladies.

**National Day of Unplugging, Sundown March 6-Sundown March 7.** Remember what life was like before everyone had a smartphone? Somehow we managed to have meaningful face-to-face conversations and get to places on time without getting lost. Unplug and live authentically for these 24 hours.

**Pi Day, March 14.** It's a never-ending number: 3.14159... And it's Albert Einstein's birthday.

**St. Patrick's Day, March 17.** Celebrate Irish heritage and culture on this day in honor of the uncanonized saint who brought Christianity to Ireland.

**Make Up Your Own Holiday Day, March 26.** Why not observe a cause that's near and dear to your heart?

**Take a Walk in the Park Day, March 30.** Walking is a great way to decrease stress. Take a break to enjoy the scenery and breathe the fresh spring air today.



March 2020

Inside this issue

Overcoming the fear of flying

The frugal fashionista

Movie previews and more!

# Lifestyle

### YOUR COMMUNITY STAFF

**Juanita Williams**

Community Manager

**Lisa Butler**

Assistant Community Manager

**Michael Porter**

Maintenance Supervisor

**Robert Nunez**

Maintenance Technician

### OFFICE HOURS

**Monday thru Friday**

8:00 am–5:00 pm

**Saturday**

Closed

**Sunday**

Closed

### CONTACT DIRECTORY

**Management Office**

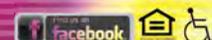
(713) 225-5929

**Emergency Maintenance**

(713) 225-5929



ALLIED ORION GROUP





# Calm your fears about airline travel

**F**lying may be the safest way to travel, but getting on an airplane still makes many people nervous. If you're one of them, remember these basic tips for ensuring a calm, safe flight:

- **Fly nonstop when possible.** Crashes and accidents are rare, but they're most likely to occur during takeoffs and landings. Look for nonstop flights (remember that direct flights aren't necessarily nonstop, even though you may not change planes).

- **Keep your seatbelt fastened.** Yeah, you know this already, but it's still important

advice. Sudden turbulence can cause an injury, even when you're sitting in your seat, if you're not buckled in.

- **Know your exits.** If you have to evacuate quickly (and evacuations, along with the deployment of emergency oxygen, are the most common emergency situations you're likely to encounter, although most of the time they're preventative measures), you don't want to waste time. Knowing the location of the nearest exit is an excellent precaution.

- **Keep your children safe.** When traveling with a baby or

toddler, a child restraint system like a car seat is a must. Check the labels to make sure it's certified for use on aircraft.

Measure the width of your car seat before boarding: If it's 16 inches or less, it should fit into any airline seat.

- **Don't obsess over finding the safest seat.** Though you may want to be closest to the emergency exit, the fact is that no one seat is safer than any other on an airplane. For example, in some emergencies passengers are better off remaining in their seats—wherever they are—than trying to scramble off the plane.



## Looking to marry? Grow a beard.

Male beards have been in and out of style for centuries. But do beards send any signal to potential mates? Yes, say researchers in Australia.

University of Queensland researchers gathered more than 8,500 women and divided them into three groups. Each group saw pictures of the same men, whose photos were manipulated to show faces clean-shaved, with light stubble, with heavy stubble, and fully bearded.

The study, published in the *Journal of Evolutionary Biology*, found that women rated men with heavy stubble as sexiest. Men with short stubble were rated the best for a short-term fling. But, while men with full beards were not rated high on the sexiest scale, they won the day as candidates for marriage and family. Researchers said participants rated men with full beards as older, more masculine, generous, sincere, and hard-working.



## Even fashionistas can be frugal

Like it or not, your appearance plays a role in your success. But it's tough to build a power wardrobe when you're on a budget. Try these suggestions:

- **Go goth.** Well, not exactly goth, but definitely dark. If you buy staples—pants, skirts, jackets—in darker, neutral colors, you can get away with wearing those garments more often.
- **Think value.** Emphasize long-term value over short-term costs. Buying cheaper shoes and clothing may seem like a good idea, but you could end up paying more if you have to replace them sooner. Instead, choose the best quality you can afford.
- **Be thrifty.** Don't limit your shopping excursions to pricier department stores. Many consignment shops sell top-quality apparel and designer fashions in near-new condition for a fraction of the retail price.
- **Shop seasonally.** Buy clothes at the end of the season after prices have been slashed. Then save them to wear the following year.
- **Steam clean.** Purchase a steamer to help offset the cost of frequent dry-cleaning.



**ONWARD** Two teenage elf brothers, Ian and Barley Lightfoot (**Tom Holland** and **Chris Pratt**), go on a journey to discover if there is still a little magic left out there in order to spend one last day with their father, who died when they were too young to remember him.



**THE WAY BACK** A former high school basketball phenomenon (**Ben Affleck**), struggling with alcoholism, is offered a coaching job at his alma mater. As the team starts to win, he may have a reason to confront his old demons. But will it be enough to set him on the road to redemption?

**MY SPY** JJ (**Dave Bautista**), a demoted CIA operative, finds himself at the mercy of a precocious 9-year-old girl, named Sophie (**Chloe Coleman**) where he has been sent undercover begrudgingly to surveil her family. When Sophie discovers hidden cameras in her apartment she uses her tech savviness to locate where the surveillance operation is set. In exchange for not blowing JJ's cover Sophie convinces him to spend time with her and teach her to be a spy. Despite his reluctance JJ finds he is no match for Sophie's disarming charm and wit.

**MULAN** When the Emperor of China issues a decree that one man per family must serve in the Imperial Army to defend the country from Northern invaders, Hua Mulan (**Yifei Liu**), the eldest daughter of an honored warrior, steps in to take the place of her ailing father.

Masquerading as a man, Hua Jun, she is tested every step of the way and must harness her inner-strength and embrace her true potential. It is an epic journey that will transform her into an honored warrior and earn her the respect of a grateful nation...and a proud father.

**SOMETIMES ALWAYS NEVER** Alan (**Bill Nighy**) is a stylish tailor with moves as sharp as his suits. He has spent years searching tirelessly for his missing son Michael who stormed out over a game of Scrabble. With a body to identify and his family torn apart, Alan must repair the relationship with his youngest son Peter and solve the mystery of an online player who he thinks could be Michael, so he can finally move on and reunite his family.

**A QUIET PLACE II** Following the deadly events at home, the Abbott family (**Emily Blunt, Millicent Simmonds, Noah Jupe**) must now face the terrors of the outside world as they continue their fight for survival in silence. Forced to venture into the unknown, they quickly realize that the creatures that hunt by sound are not the only threats that lurk beyond the sand path.

**THE ROADS NOT TAKEN** The film follows a day in the life of Leo (**Javier Bardem**) and his daughter, Molly (**Elle Fanning**), as he floats through alternate lives he could have lived, leading Molly to wrestle with her own path as she considers her future.

**EMPEROR** Dayo Okeniyi portrays Shields Green who in 1859 escaped from a plantation and made a daring journey north where he met Frederick Douglass (**Harry Lennix**) and John Brown. With the opportunity to continue to freedom in Canada, Green instead chose to fight to end slavery. Also stars **James Cromwell** as American Abolitionist John Brown.

**BLOODSHOT** Vin Diesel stars as a soldier recently killed in action and brought back to life as the superhero Bloodshot. With an army of nanotechnology in his veins, he's an unstoppable force -- stronger than ever and able to heal instantly. But in controlling his body, the company has sway over his mind and memories, too. Now, Ray doesn't know what's real and what's not -- but he's on a mission to find out.

**HOME ENTERTAINMENT RELEASES**

March 3	Dark Waters
March 3	Queen & Slim
March 10	Uncut Gems
March 10	Bombshell
March 10	Charlie's Angels
March 10	Spies in Disguise
March 17	Jumanji: The Next Level
March 17	Richard Jewell
March 17	Black Christmas

## COMPLIANCE CORNER

### Lease Term and Amount of Rent

- Rent is due and payable without demand on the first (1st) day of each month.
- Rent is considered late if not paid in full by the fifth (5th) day of the month.
- When the Tenant is delinquent in rent or other charges, HHA does not have to accept the rent.
- Three late payments within any twelve (12) month period shall be considered repeated late payment and shall be a serious lease violation and grounds for lease termination.
- In addition to rent, the Tenant is responsible for the payment of other charges.
- Charges in addition to rent are due on the first day of the month after the charge is incurred provided that a minimum of fourteen (14) days' notice has been given.
- Failure to pay charges in addition to rent in full when due is a serious lease violation and shall be grounds for lease termination.

## Spring Cleaning? Don't Forget the Spice Rack!

The idea of spring cleaning is especially relevant to the spice rack. Often, people will keep the same herbs and spices in their cabinet for years, not realizing that the flavor and aroma tend to fade over time. Here are some helpful tips to checking your spices.

**Sight-** Check to see if the color of your spices and herbs is vibrant. If the color has faded, chances are, so has the flavor.

**Smell and Taste-** Rub or crush the spice or herbs in your hand, if the aroma is weak and the flavor is not apparent, it's time to replace it.

**Store Herbs And Spices In A Tightly Capped Container** - Keep away from heat, moisture and direct sunlight. You can keep members of the red pepper family in the refrigerator to keep color and stay fresh.

## Cocoa Crunch Bars

- 5 cups Cocoa Pebbles
- 2/3 cup snowflake coconut
- 1/2 cup nonfat milk powder
- 1 cup mini marshmallows
- 2 sticks butter, melted
- 3/4 cup dulce de leche or other caramel sauce

Preheat oven to 325°F.

Mix cereal, coconut, marshmallows and butter. Press firmly into a greased 6-inch square baking pan.

Bake 25 minutes. Hot out of the oven, drizzle caramel sauce over bars. Cool completely. Cut into 24 bars to serve.

sunday	monday	tuesday	wednesday	thursday	friday	saturday
1 <b>Rent Due. Thank You!</b>  <b>RENT &amp; MAINTENANCE CHARGES DUE.</b>	2 <i>Read Across America Day</i>	3 <i>National Anthem Day</i>	4 <i>Hug a G.I. Day</i>	5 <b>Last Day To Pay Rent Without Late Fees.</b>	6 <b>Rent is Now Late!</b>	7 <i>Genealogy Day</i>
8 <i>Daylight Saving Time</i>  <i>Don't Forget to "Spring Forward" One Hour</i>	9 <i>Get Over It Day</i>	10 <i>International Day of Awesomeness</i>	11 <i>Dream Day</i>	12 <i>Girl Scout Day</i>	13 <i>National Good Samaritan Day</i>	14 <i>Pi Day (As in 3.14159)</i>
15 <i>Ides of March</i>	16 <i>Everything You Do is Right Day</i>	17 <i>St. Patrick's Day</i>  <i>Don't Forget to Wear Green!</i>	18 <i>Forgive Mom and Dad Day</i>	19 <i>First Day of Spring</i>	20 <i>Won't You Be My Neighbor Day</i>	21 <i>Common Courtesy Day</i>
22 <i>As Young as You Feel Day</i>	23 <i>National Chip and Dip Day</i>	24 <i>March is Red Cross Month</i>	25 <i>Medal of Honor Day</i>	26 <i>Live Long and Prosper Day</i>	27 <i>March is Women's History Month</i>	28 <i>Brothers' and Sisters' Day</i>
29 <i>Vietnam War Veterans Day</i>	30 <i>Take a Walk in the Park Day</i>	31 <i>National Crayon Day</i>	<h1>March 2020</h1>			